



#### About the shed

Founded in 2018, Debenham Shed has expanded into a modern, well-equipped facility located at 2 Fields Community Supported Farm on the outskirts of Debenham. In March 2025 we became a Registered Charity.

Our Shed has become a vibrant hub for members to invent, make and repair objects. Most importantly it's a fun place to be, filled with laughter and good fellowship!

Our Shed relies on funding from membership fees, the generosity of local and national organisations and private companies. Funds are also raised from recycling and repairing donated items.

Our Shed is affiliated to the UK Men's Sheds Association; however, we welcome everyone to join, regardless of gender, the only requirements we have is that you are over 18 years of age and abide by our code of conduct.

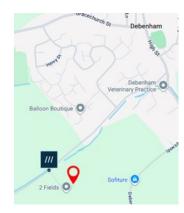


## **Contacting us**

You are always welcome to come to visit us when we are open on Monday from 10:00 to 12:00 and on Friday between 10:00 to 17:00 (tea and cake are served at 15:30 on Fridays). When the shed is open, our phone number is 07492 240512.

Our Web site is at <a href="https://debenhamshed.org.uk/">https://debenhamshed.org.uk/</a> where you will find a sign-up form to become a member. You can also email us at <a href="mailto:info@debenhamshed.org.uk">info@debenhamshed.org.uk</a> and follow us on Facebook.

The 2 Fields Community Supported Farm is located at <a href="https://what3words.com/enacts.belonged.scanty">https://what3words.com/enacts.belonged.scanty</a>



Debenham Shed is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission (No: 1212367)

# **Debenham Shed**



# "Connect, Converse and Create"

Debenham Shed is a place where members use our large collection of tools and source material to make things; by themselves, with guidance, or with others. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter.

#### Good health and well-being matters!



For a long time, research has shown the negative impact of loneliness and isolation on a person's health and well-being.

Men typically find it more difficult to build social connections than women. Men's sheds reduce isolation and renew a sense of purpose while providing the opportunity to use your skills and learn more. Hence the term men's shed. Started in Australia, there are now more than 1,000 registered UK men's sheds and growing.



### **Our Workshops and Tools**



Debenham Shed is housed in four shipping containers located at the 2 Fields Community Supported Farm on Low Road. Whatever your interest we would like to say we have the tools for the job, and if we do not then we are willing to learn and provide the means. Our site has the following facilities;

**Main Shed area**, this is a low noise and low risk area for craft activities and the Galley and Store areas.

Front enclosed cloister benches and car port, used for work requiring ventilation (sanding, painting, wood filing etc.) and a concrete base for safe jacking up of cars needing repair.

**West Wing,** our higher risk area where power tools operate (lathes, pillar drills etc.) and is only used by trained members.

**Welding Shed,** for trained and those in training to use our welding facilities also used for hot work such as angle grinding. Has ventilation and welding curtains.

**North Wing,** our new area for metal bashing and higher risk working.

**Other Sheds**, these are used for Painting and Storage of COSSH items (oil base paints etc.) and Sand Blasting.

### **Members Projects**



Members bring their own projects or participate in community projects. If they do not have the skills then we have those who know and we are all learning something new.

#### **Community Projects**



Here are a few of our community projects;

- Debenham Church sign
- Debenham Phone box book library
- Eye Bank stage project
- Framsden chair refurbishment
- Framsden Greyhound Bar stools
- Boxford White Hart bar stools
- Many bench seat projects
- Many village notice boards
- Toys for EACH
- Bird Table for Phoenix
- Hedgehog boxes
- Aspall Church notice board